

Please write clearly in block capitals.

Centre number

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Candidate number

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Surname

Forename(s)

Candidate signature

I declare this is my own work.

INTERNATIONAL A-LEVEL PSYCHOLOGY

Unit 4 Approaches and Application

Monday 8 June 2026

08:00 UK Time

Time allowed: 1 hour 30 minutes

Materials

For this paper you must have:

- a calculator, which you are expected to use where appropriate.

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- All working must be shown.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 90.

For Examiner's Use	
Section	Mark
A	
B	
C	
TOTAL	



Section A: Approaches in PsychologyAnswer **all** questions in the spaces provided.**0 1**

Outline what is meant by classical conditioning.

[2 marks]

0 2

Describe the procedure of Pavlov's study into classical conditioning.

[4 marks]



[6 marks]

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



[12 marks]

[illegible]

[illegible]

[illegible]

30

Section B: Issues and Debates in PsychologyAnswer **all** questions in the spaces provided.Only **one** answer per question is allowed.

For each multiple-choice question completely fill in the circle alongside the appropriate answer.

CORRECT METHOD



WRONG METHODS



If you want to change your answer you must cross out your original answer as shown.



If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.

**0 6**

Some psychologists believe that all human behaviour has a cause, but people still have some control over their behaviour.

Which **one** of the following terms best matches this statement.Shade **one** box only.**[1 mark]****A** Biological determinism☐**B** Environmental determinism☐**C** Hard determinism☐**D** Soft determinism☐

0 7

Explain **one** strength and **one** limitation of taking a deterministic view in psychology.**[6 marks]**

Strength _____

Limitation _____

0 8

What is meant by heredity?

[1 mark]

0 9

Identify **one** example of heredity in a behaviour you have studied in psychology.**[1 mark]**

Turn over ►

[6 marks]

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.



1 1

A psychologist conducted an experiment to investigate whether the amount of sleep impacts memory in college students. To test this, the psychologist randomly allocated 100 participants to two groups and controlled how much sleep they had during a night.

Group A: slept for 8 hours

Group B: slept for 4 hours

Memory was assessed through a standard list of 20 words that participants had to learn before they slept and then recalled the next morning. Each participant's recall score (number of words out of 20) was recorded. The psychologist wrote down the method, including the environment in which recall was tested.

Using your knowledge of psychology and science, explain **three** ways in which the psychologist's experiment can be considered scientific.

[6 marks]

1

2

3

Extra space

Turn over ►



[9 marks]

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Section C: Applied Psychology: Work and the Individual

Answer **all** questions in the spaces provided.

1	3
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David is at a football match with a group of friends. After the match, the group gathers outside the stadium. Someone shouts, "Push it over!" pointing to a board with the other football team's name on. Soon, lots of people are shouting and pushing down the board.

David is normally a reserved and moral person. However, he pushes the board over with everyone else and shouts wildly when it falls to the floor.

Using your knowledge of deindividuation, explain David's behaviour.

[3 marks]

Turn over for the next question

Turn over ►



1 4

Briefly evaluate research into in-group favouritism and out-group bias.

[3 marks]

1 5

Qian has just started work in a coffee shop and has agreed with her boss some goals to help develop her skills.

Qian can make simple coffees but wants to learn how to make more complicated types of coffee. Qian agrees to attend a training course which will help her master the skills required. Qian will also receive regular customer feedback on the quality of the coffee she makes.

Using your knowledge of goal-setting theory, explain whether Qian is likely to be successful.

[4 marks]



[20 marks]

You may use this space to plan your answer.

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[illegible]

Extra space

END OF QUESTIONS



There are no questions printed on this page

*Do not write
outside the
box*

**DO NOT WRITE ON THIS PAGE
ANSWER IN THE SPACES PROVIDED**



[illegible]

Question number	Additional page, if required. Write the question numbers in the left-hand margin.
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