

Please write clearly in block capitals.

Centre number

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Candidate number

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Surname

Forename(s)

Candidate signature

I declare this is my own work.

INTERNATIONAL A-LEVEL PSYCHOLOGY

Unit 4 Approaches and Application

Friday 16 January 2026

07:00 UK Time

Time allowed: 1 hour 30 minutes

Materials

For this paper you must have:

- a calculator, which you are expected to use where appropriate.

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- All working must be shown.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 90.

For Examiner's Use	
Question	Mark
A	
B	
C	
TOTAL	



Section A: Approaches in Psychology

Answer **all** questions in the spaces provided.

Only **two** answers per question are allowed.

For each multiple-choice question completely fill in the circle alongside the appropriate answer.

CORRECT METHOD



WRONG METHODS



If you want to change your answer you must cross out your original answer as shown.



If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.



0 1

Below are five different explanations for human behaviour.

Select the **two** explanations that belong to the biological approach in psychology.

Shade **two** boxes only.

[2 marks]

A Evolution

☐

B Internal mental processes

☐

C Neurochemistry

☐

D Schema

☐

E Vicarious reinforcement

☐


0	2
---	---

What is meant by the terms genotype **and** phenotype?

[2 marks]

Genotype _____

Phenotype _____

0	3
---	---

Explain **one** strength and **one** limitation of research into the role of schema.

[6 marks]

Strength _____

Limitation _____

Turn over ►



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[illegible]

[illegible]

30



Turn over for the next section

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ANSWER IN THE SPACES PROVIDED**

Turn over ►



0 7

Answer **all** questions in the spaces provided.

[1 mark]

[1 mark]

[6 marks]



0 8

Psychologists carried out a twin study to find out the relative importance of heredity in developing a fear of spiders.

The results are shown in **Table 1**.

Table 1 Percentage rates where both twins share a fear of spiders.

	Identical twins	Non-identical twins
Percentage rates for sharing a fear of spiders	55%	32%

Suggest **two** conclusions the psychologist could make about the relative importance of heredity in developing a fear of spiders.

Refer to the data in **Table 1** in your answer.

[4 marks]

1 _____

2 _____

Turn over for the next question

Turn over ►



[6 marks]

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[12 marks]

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Answer **all** questions in the spaces provided.

[6 marks]

[illegible]



1 2

Jack is a musician. He finds that he performs his old songs better in front of an audience than when he is playing the same songs alone. However, if he is playing a new song, he performs better when he is alone than in front of an audience.

Using your knowledge of social facilitation, explain the differences in Jack's performance.

[3 marks]

1 3

Sameera and three of her colleagues are set a group project. Sameera lets her colleagues do most of the work on the project. When the manager checks their progress, he finds that they have not done as much as he would have expected.

Using your knowledge of social loafing, explain the lack of progress by Sameera's group.

[3 marks]

Turn over for the next question

Turn over ►



[6 marks]

[illegible]



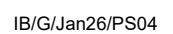
Describe and evaluate research into the effects of workload and control in relation to workplace stress.

[illegible]

[illegible]

[illegible]

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